

# RESILIA™ FOUNDATION

## Overview

This RESILIA Foundation training course provides IT managers and practitioners with a practical understanding of the key concepts, principles, processes and stages of the service lifecycle which enables successful Cyber Resilience. This Cyber Resilience course uses the best practice service lifecycle approach from AXELOS.

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## Course Duration

3-day public or single organization course with exam during final day. This course can also be combined with RESILIA Practitioner as a 5-day class-based course, or taken as an online self-study option.

## Overview

This RESILIA Foundation training course provides IT managers and practitioners with a practical understanding of the key concepts, principles, processes and stages of the service lifecycle which enables successful Cyber Resilience. This accredited course also prepares delegates for the RESILIA Foundation Certificate exam.

## Objectives

- Enables delegates to understand the difference between prevention and resilience
- Governance and Enterprise approach to risk management
- Managing cyber resilience across the service lifecycle:
- Prepares delegates for the RESILIA Cyber Resilience Foundation examination.

## Course Format

This is an instructor led classroom course that uses a combination of lectures, discussions, assignments and sample exam questions to provide the student with an understanding of the essential aspects of RESILIA Foundation and prepare for the exam.

## Who should attend?

This RESILIA course is for IT managers and practitioners involved in the strategy, design, and implementation and on-going delivery of business-used IT services and who require an insight into Cyber Resilience best practice. There is no specific pre-requisite for this course, although an understanding of (or certification in) ITIL® will be most beneficial.

## Professional Qualification

The qualification is based on a 1-hour-40-minute, closed-book, multiple-choice exam comprising 50 questions. The passing score is 65%. Some students may be entitled to additional time – your course director can give more details if required.

## Content

- Enables delegates to understand the different between prevention and resilience (the ability to recover from damage or misfortune), and aspects of prevention, detection and correction
- Governance and an enterprise approach to risk management (focus on cyber security)
- Strategic approach of perspective, position, plans and patterns
- Risk management and risk treatment plan (links to ISO9001 and ISO27001)

- Managing cyber resilience across the service lifecycle:
  - Cyber resilience continual improvement and 7-step process
  - Cyber resilience strategy and processes
  - Cyber resilience design and processes
  - Cyber resilience transition and processes
  - Cyber resilience operation and processes

## Documentation

Full printed course materials

## What Next?

Following on from this course, you may wish to consider other training such as RESILIA: Practitioner, or ITIL and the service lifecycle

You may also be interested in:

**FoxPRISM** - process flow mapping for ITIL and other processes

### Registered Office

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